

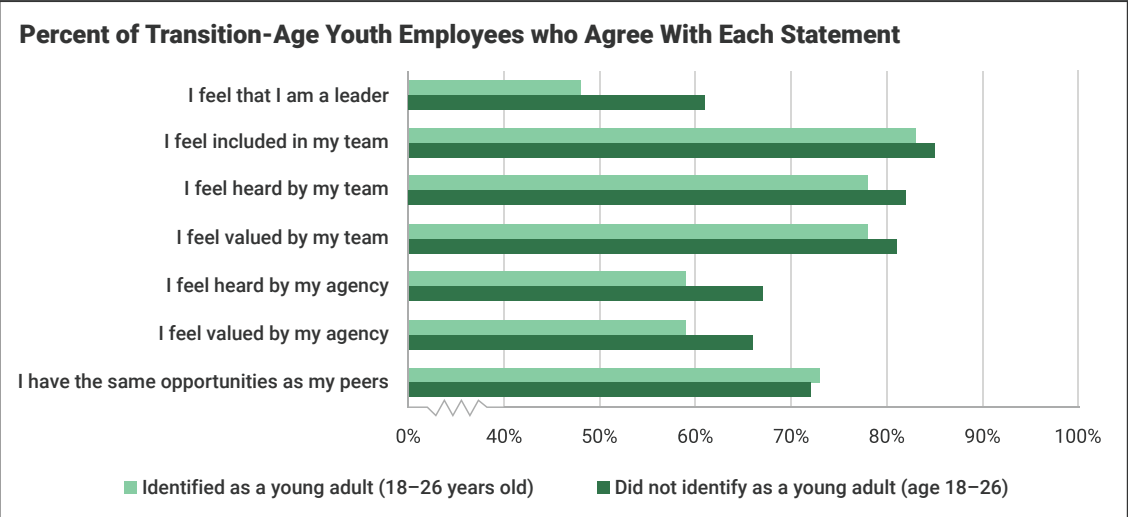
# Reducing Health Disparities for Transition-Age Youth and Young Adults (Ages 14–26)



Illustration by Storyset

**Health Disparities:** avoidable and unfair differences in mental health and substance use treatment results experienced by social groups with fewer resources.

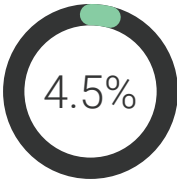
## Inclusive Workplace Atmosphere



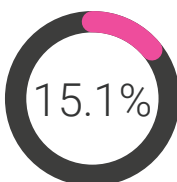
Employees who identified as transition-age youth and young adults (ages 14–26) are **less likely** to feel included, valued, or heard than employees who did not.

## Percent of Youth in Administrative Roles

Staff who identified as transition-age youth and young adults (ages 14–26) were **less likely** to have jobs as administrators than staff who did not.



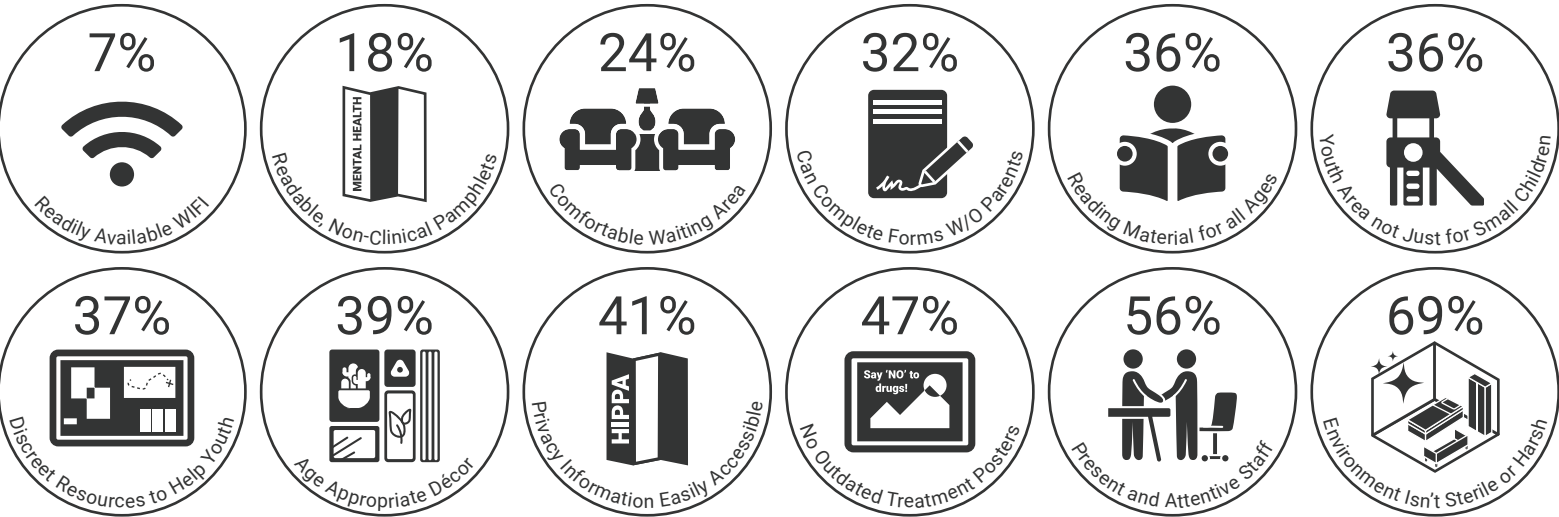
Transition-Age Youth & Young Adults (ages 14–26)



Adults Older Than 26

## Welcoming, Accessible, and Inclusive Facilities

Items identified by youth ages 16–24 as welcoming, easy to access, and important to their community were found in facility walk-throughs about 37% of the time.



## Recommendations

Manage lack of training by holding more useful classes that focus on what is important to youth, for teens, young adults, and youth-led groups in the community.

Create policies to protect the privacy of youth as much as possible.

Include transition-age youth in all policy decision making.

Create materials to support therapist interactions with teens and young adults.

Hire a youth coordinator to improve social connection for youth and young adults and provide youth voice to materials and policies.

For more information email: [monicascott@utah.gov](mailto:monicascott@utah.gov)

View the full needs assessment for additional information: <https://bit.ly/3DO61Yy>  
Find the Health Disparities Overview at: <https://bit.ly/3FRoLYi>